

## Myology (Muscle Tissue)

### 1. Introduction

#### A. Myology

##### Homeostatic Characteristics

- i. Excitability
- ii. Contractility
- iii. Extensibility
- iv. Elasticity

#### B. Functions

- i. Motion
- ii. Posture Maintenance
- iii. Heat Production

### 2. Muscle Types

#### A. Skeletal Muscle Tissue

- i. Striated
- ii. Voluntary

#### B. Cardiac Muscle Tissue

- i. Striated
- ii. Involuntary

#### C. Smooth Muscle Tissue

- i. Nonstriated
- ii. Involuntary

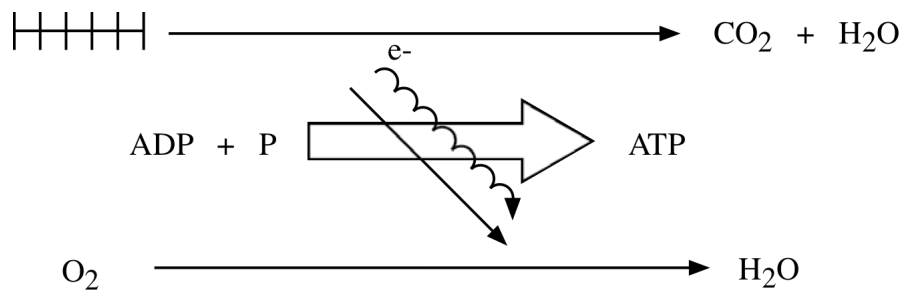
3. Skeletal Muscle Tissue (See illustration in text)

A. Components

- i. Fascia.
  - a. Superficial Fascia
  - b. Deep Fascia
    - Epimysium
    - Perimysium
    - \* Fasciculi (Fascicles)
    - Endomysium
- ii. Tendon
- iii. Aponeurosis
- iv. Tendon (Synovial) Sheaths

4. Nerve and Blood Supply

A. Blood Supply



B. Motor Unit (SEE HANDOUT)

- i. Large Motor Units vs. Small Motor Units.

5. Cytological / Histological Considerations

A. Myofibers

- i. Myoblasts

B. Sarcolemma

C. Sarcoplasm

D. Myofibrils

- Fibril

E. Myofilaments

- i. Thin Myofilaments

- ii. Thick Myofilaments

F. Sarcomeres

- i. Z Line (or disk)

G. Sarcoplasmic Reticulum

H. Terminal Cisterns

I. Transverse Tubules (T Tubules)

6. Skeletal Chemistry

A. Thin Myofilaments

- i. Actin
  - a. Myosin-binding site
- ii. Tropomyosin-troponin Complex
  - a. Tropomyosin
  - b. Troponin
- iii. Configurational Changes and Calcium

B. Thick Myofilaments

- i. Myosin
  - a. Cross Bridges
  - b. Actin-Binding Site
  - c. ATP-Binding Site

Note that there are many excellent animations on the web.

8. Neuromuscular Junction

A. Neuron

B. Motor Neuron

i. Motor End Plate

ii. Neuromuscular Junction

iii. Synaptic End Bulbs

a. Synaptic Vesicles

- Calcium Gates and “Cascade of Reactions” → Exocytosis

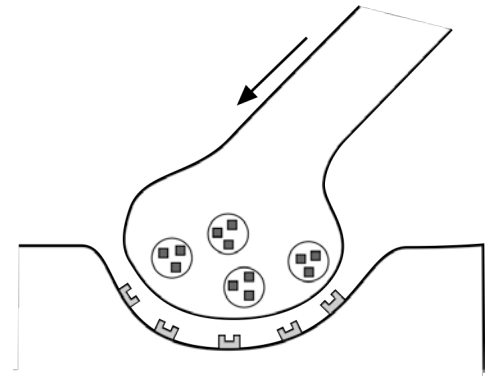
b. Neurotransmitters

iv. Synaptic Cleft

v. Acetylcholine (Ach)

- Acetylcholinesterase (Ache)

C. Motor Unit (Pull out your handout on this topic)



9. Energy for Contraction and Relaxation

*(PULL OUT HANDOUT FROM WEB)*

A. Phosphagen System (See handout)

- $\text{ATP} \rightarrow \text{ADP} + \text{P} + \text{Energy}$
- Phosphocreatine

B. Glycogen-Lactic Acid System (See handout)

- Calmodulin

1 Glucose  $\rightarrow$  2 Pyruvic acid + ATP

Pyruvic acid +  $\text{O}_2 \rightarrow \text{CO}_2 + \text{H}_2\text{O} + \text{ATP}$

12. Muscle Tone

A. Muscle Spindles

B. Atrophy and Hypertrophy

i. Muscular Atrophy

a. Disuse Atrophy

b. Denervation Atrophy

C. Muscular Hypertrophy